

Is JourneyWoman for Me?

Journey Woman is a four day residential 'live in' retreat in the beautiful Hunter Valley in NSW. It is, as the name suggests, solely for women, a retreat for women of all ages , backgrounds, ethnicity, colours and creeds to come together to spend some time outside of their busy lives to examine:

- Where you are in your life
- What has brought you to this point
- Where to from now

JourneyWoman is the place to ask yourself:

- Is my life what I want it to be?
- Is there more that I want to become, to achieve, and true abundance to realise?
- Is there so much pain in my past that my life has stalled?
- Do I sometimes question why am I going on with life?
- Do I have clarity in my life?
- Do I have a vision and indeed a plan for my life?
- What is it that is holding me back from really loving life, experiencing true freedom, joy and happiness?

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If you are asking yourself some or all of these questions then, yes, JourneyWoman is for you. It is a small investment in your potential, your vibrant future, a life of expression and freedom, a release of the constraints of our past, our environment, and perhaps our upbringing. At JourneyWoman you will have the opportunity to explore how these and other factors have moulded and shaped our environment, our attitudes, our successes, and our failures to this point.

**A chance to examine your past and your future in
a caring, loving and supportive environment.**

What Women are saying about JourneyWoman...

"Journey Woman was incredible. It offered immense compassion and tenderness while being profoundly challenging and transformative. It was utterly unique, powerful and a privilege to experience."

Corrine Clark

I think it might be too late for me?

If Louise L Hay the author of 'I Can Do It' can start ballroom dancing classes in her eighties then surely it's not too late for me. We all have so much to life to experience within us. Our gift to life grows as we gain wisdom, understanding, patience and the expression of a loving heart which all comes with age. Your life, no matter what your chronological age has so much left to experience, to enjoy, to embrace and to share. Journey Woman is about rediscovery and designing the blueprint for creating a magnificent fulfilled loving and an abundant life from this point forward.

The only criteria for joining the JourneyWoman retreat is just that that you are a women, and that you are looking for something more in your life. Something richer, something more satisfying, perhaps with greater fulfilment from your relationships or you just want to be happier.

To discover just what it is that is lacking in your life, you will go on a journey of self discovery to claim back the beauty, the fulfilment, the loving embrace that we all desire from our lives.



Give yourself this gift and enrol in what may be the greatest turning point in your life.

[BOOK NOW](#)

[TELL A FRIEND](#)

Discover the Mystery that lies within Grace Unfolding Your key to liberating your true female essence.

JourneyWoman is one of the most loved retreats, as it is hugely powerful, healing, liberating and heart-opening. As women we come together, in a beautiful nurturing and safe environment for you to explore the eternal mystery of your true female essence.

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Many of the issues we face as women are ingrained at a cellular level, having been passed on from generation to generation. The spoken and unspoken challenges we face as women have become apart of our consciousness & filters every living experience we have. This can stifle our true female essence and limit our own natural way of being.

JourneyWoman is a sacred invitation for you to feel comfortable and happy in your female body. To feel fully expressed as a woman, allowing yourself to unlock the eternal mystery and the wisdom that lies within your woman's body.



FOR THE FIRST TIME: Open to all women new to The Journey

This is your chance to experience the profoundly dynamic tools of The Journey, pioneered by Brandon Bays, at this sacred women's only retreat. Join us and experience the divine presence of the real you - a woman in all her glory, power, strength, beauty, presence and grace.

So ask yourself:

Do you ever feel trapped, weak, vulnerable and not able to take charge of your life? Are you bound by pressures that have held you in their grip through generations of female evolution? Do you feel a captive, held by myths, concepts and perceptions of how you should be and what you should do as women?

JourneyWoman is a powerful and liberating retreat. At this amazingly freeing 4-day retreat you'll delve into the very core of your female essence, exploring the depths, strength and connectedness of who you really are, guiding you to live life from this true, sacred and divine reality! JourneyWoman is your key to discovering the real feminine freedom that lies within. So join us for this hugely powerful, liberating and heart-opening retreat for women only. Unlock the mystery and wisdom within!

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What Women are saying about JourneyWoman...

"JourneyWoman was a deeply profound weekend - magical, life-changing, connecting, empowering, transforming, blessed, so incredibly sacred and just so much more. Being with women only in such a real and beautiful space was something I'd never experienced before, and IT FELT SO RIGHT!!! I felt the bond and closeness of a sisterly kind of love and connection with the whole group!! I've since been looking for it and trying to recreate it with other women in my life. It is one of the most powerful Journey weekends I've experienced in 3 years, if not the most profound."

Jen Henderson

"JourneyWoman was incredible. It offered immense compassion and tenderness while being profoundly challenging and transformative. It was utterly unique, powerful and a privilege to experience."

Corrine Clark

"My experience of JourneyWoman was extremely intimate. The process of peeling back the edges to reveal the real me and really feel the feminine essence of who I am, was profound. It was like finding the key to that divine essence then cleaning of the rust to allow it to turn gracefully in the lock and reveal the magic.

Magic and miracles happen at this retreat. Words cannot describe the magic I experienced when I let go of all that stuff, surrender to the process whilst being deeply grateful for the blessings in my life.

Allow yourself to be revealed, you may find a strong, courageous, beautiful woman ready to live life from a place of freedom."

Penny Lambert

"I lived in the never-ending pain of self criticism and judgment and self loathing. By attending JourneyWoman – now there is no greater Freedom than the gentleness of This Love that melts all the noise within. The Freedom to Be - to give and receive Love wholesomely and unconditionally is such a huge gift in my life.

Being surrounded by women who reflect and give permission to be ALL that a woman is, is a Blessing which lives with me always. I cannot see or be with any woman now without the compassion and love experienced on this weekend - feeling deeply the Oneness of the feminine ...and the masculine...ALL ONE. There is a PASSION now that blazes so brilliantly and this was nurtured by the love of woman in Service at The Journey Woman weekend - Deepest Gratitude...and Namaste."

Tracy-Kim

"I had the great pleasure of completing Journey more than five years ago. The JourneyWomen Retreat was the most liberating experience of my life. It is awe-inspiring. The truth that permeated the air was indescribable.

JourneyWoman gave me the opportunity to explore the mystery and the feminine issues that have been an absolute blessing in my life with lasting results.

I loved being in the company of other women, we laughed, we cried, and we basked in truth. JourneyWoman is and opportunity not to be missed!"

Emma Lambert

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At this very intimate and sacred 4 day retreat you'll:

- Relax deeply, allowing all the lies, protection, beliefs and conditioning around being a woman to be seen and cleared
- Illuminate and expose the concepts of what it means to be a woman
- Cut the ties that have bound you in your body as a woman
- Clear out all the limiting patterns at the level of consciousness
- Experience your essential self in your female body– in all its womanly glory
- Open into your unique & true female essence.



Join us and experience the divine presence of the Real You -
a woman in all her power, strength, vulnerability, beauty, presence and Grace.

Katrina has been deeply steeped in Journeywork for many years and has presented for The Journey International. She is a radiant expression of "living in truth and freedom" and has been instrumental in the development of JourneyWoman since its conception. Her life experience and wisdom is offered in continuously deepening this life-transforming retreat.

Katrina brings a robust passion, integrity and a wide open clarity to JourneyWoman. It is one of the most precious events on the calendar. So, if you are a woman make sure you're there!!!

Register for this powerful event Today
click "Book Now" 07 5530 4579 AUS
Open to All Women

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Cost: \$1495

Residential: Includes 3 nights shared accommodation, vegetarian meals, yoga and all course materials.

Location and Dates:

29 July - 1 August
Hunter Valley Retreat Centre
626 Sandy Creek Road
Quorrobolong NSW, 2325

BOOK NOW

TELL A FRIEND

“Journey Man” in November 2010 – Open for all Men.

*Life Discovery
Invitation*

*The JourneyMan could be your route
to clarity and liberation.*



Journey Man



*18th to the 21st of November 2010,
Hunter Valley Retreat Centre*

www.conniehansen.com

With Kevin Billett

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